

# New Skin Medical

## James C. Sherman, MD

### Post Treatment Instructions for Tattoo Removal

#### After Treatments

Immediately following treatment, there will be red discoloration of the skin. A small amount of bleeding, blistering, and oozing may occur. This is normal and heals within 7-14 days. The tattoo will appear foggy and begin its fading process.

Mild swelling, redness and tenderness are normal for one week.

Apply ice compresses to the treated area as often as possible for the first 24 hours. Avoid constant cooling of the treated area. Ten minute intervals will offer relief. You may take Tylenol, as advised for pain relief.

Keep the area dry for the first 24 hours following the laser treatment.

After 24 hours remove the dressing and wash the treated area gently with soap and water. Pat dry and apply antibiotic ointment twice daily. The antibiotic ointment may be purchased over the counter.

Cover the treated area with a clean, non-stick dressing and secure with tape. Do this process until the areas are completely healed and dry. This can take up to fifteen days.

Over the next several days, blisters may form followed by a scab or thin crust. Any scabs or crusting should be allowed to fall off on their own, DO NOT pick or remove them. The underlying skin will remain red for a few days to several weeks.

If you smoke, we recommend that you cease smoking entirely. If you choose not to cease smoking, we advise that you cease smoking for a minimum of 1 week post treatment.

Avoid Sun exposure to the treated area, by keeping it covered. Once healed, you do not need to keep it covered any longer. However, use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage. SPF30 or greater for 6 weeks.

Avoid swimming, hot tubs, and contact sports while crusts are present. DO NOT swim, or submerge in any bodies of water until the skin looks normal.

If the treatment area shows signs of infection, profound redness, swelling, tenderness or pus, notify the office.

Notify clinic of any concerns (Blistering, excessive redness, swelling, etc.)

Consult with physician when to resume skin care regime.

Additional Instructions:

---

---

---

If you have any questions please contact New Skin Medical  
Phone Number: 706-836-0951 contact person: Christina